



Costa Rica Quest

9 Days - Start and end in San Jose

Nature called you to Costa Rica — now here you are, suspended in the jungle canopy, locking eyes with a curious monkey. This action-packed tour of Costa Rica’s highlights is perfect for the adventurer with limited time who wants to explore the region’s diversity. Get your adrenaline pumping, follow a trail to the base of a waterfall, explore Manuel Antonio National Park, or relax on a beach — your CEO will help you find the secluded spots only the locals know.

- Meet your group and CEO in the evening
- Tour the Mi Cafecito Coffee Plantation
- Explore the Arenal region and its adventures
- Experience a guided night walk in Monteverde
- Visit Manuel Antonio National Park


Itinerary Days 9

• **Day 1** - San Jose, Costa Rica
Arrive at any time.
There are no activities planned until an evening welcome meeting.

Included Activities:
- Welcome Moment - Meet Your CEO and group

Accommodation

Hotel El Sesteo

 Hotel

• **Day 2** - San José/La Fortuna (1L)
Drive to Sarapiquí to visit the G Adventures-supported Mi Cafecito Community Coffee Plantation. Learn about the impact this project has had on the community and sample some of the products they sell. Continue on to the Arenal region and take advantage of a free afternoon and a full free day tomorrow to experience the adventure activities and natural wonders of the area. La Fortuna is an excellent base for adventure. Opt to hike the area’s nature trails, swim in chilly La Fortuna waterfall or go canyoning.


Meals Included:
- Lunch

Transport:
- Private Vehicle 04:00 Hr(s)

Included Activities:
- Mi Cafecito Coffee Cooperative Tour

Accommodation

Hotel Eco Arenal


 Hotel

• **Day 3** - La Fortuna
Free day in La Fortuna. Experience the outdoor adventures, amazing wildlife and natural wonders in this area. There are enough activities here to keep you busy all day long. In the evening opt to soak in one of the many hot springs in the area to cap off an adventurous day. Spend the day getting your adrenaline pumping, viewing local wildlife, marvelling at the Arenal Volcano and getting to know more about Costa Rica in La Fortuna. There are enough activities here to keep you busy all day long.

Optional Extras to chose from:
- Costa Rica Adrenaline Bundle

Accommodation

Hotel Eco Arenal

 Hotel

• **Day 4** - La Fortuna/Monteverde
Travel by van and boat through the stunning Costa Rican scenery up into the cloud forest. Take an included guided night walk to learn about nocturnal life in the jungle firsthand. Travel across Lake Arenal into the mountains and on to Monteverde Cloud Forest.


Arrive to spend time enjoying this nature-lover’s paradise.

Transport:
- Shared Van 02:00 Hr(s)
- Boat 00:45 Hr(s)

Included Activities:
- Guided Cloud Forest Night Walk

Accommodation


Hotel Historias Lodge

 Hotel

• **Day 5** - Monteverde
Enjoy a free day to explore the cloud forest region of Costa Rica. Opt to fly across canopy ziplines, walk across suspended bridges through the forest canopy, or go horseback riding in the hills.

Accommodation

Hotel Historias Lodge


 Hotel

• **Day 6** - Monteverde/Quepos
Travel to Quepos, just outside Manuel Antonio National Park. Opt to visit the park or relax on the beach in this fun surf town. Enjoy a night out and perhaps learn how to salsa. Travel to the Pacific Coast. Enjoy Quepos. Opt to swim, fish, kayak, surf or take a sailing trip.

Transport:
- Private Vehicle 05:00 Hr(s)

Accommodation

Hotel Mimos

 Hotel

• **Day 7** - Quepos
Enjoy an included entrance into Manuel Antonio National Park. Then, take advantage of free time to explore. Opt to sail or swim in the Pacific. Or choose to kayak through mangroves and relax on the beach. Pre-book the Manuel Antonio Catamaran Tour on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

Included Activities:
- Manuel Antonio National Park Visit

Optional Extras to chose from:
- Manuel Antonio Catamaran Tour

Accommodation

Hotel Mimos


 Hotel

• **Day 8** - Quepos/San José
Opt to chill at the beach in the morning before the journey by private vehicle back to the capital.

Transport:
- Private Vehicle 03:00 Hr(s)

Accommodation

Hotel El Sesteo

 Hotel

• **Day 9** - San José
Depart at any time.

Includes:

- **Accommodation**
- **Guide**

CEO (Chief Experience Officer) throughout, local guides.

- **Meals**

1 lunch

This tour offers Jain, Vegetarian, Vegan, Halal and Kosher food options on request. Simply let your tour operator know the food option that you prefer.

- **Additional Services**

Your G for Good Moment: Mi Cafecito Coffee Cooperative Tour, Sarapiquí

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Discover Moment: La Fortuna

Your Discover Moment: Monteverde

Your Discover Moment: Quepos. Guided cloud forest night walk (Monteverde). Entrance fee to Manuel Antonio National Park. All transport between destinations and to/from included activities.

- **Transport**

Private vehicle, boat, shared van, walking.

Excludes:**Accommodation:**

Hotel - 8 nights

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